

1 **ABSTRACT OF THE DISCLOSURE**

2 A shock absorber adapted for a bicycle front fork includes a bolt, a driving rod
3 extending into and securely received in an open end of the bolt, two resilient elements
4 movably mounted around the bolt and a knob securely engaged with a free end of the
5 driving rod to drive the driving rod and the bolt to rotate such that the two resilient
6 elements are extended or compressed on the bolt in opposite directions.